

PROPOSED COURSE STRUCTURE FOR TAILORED TROUSERS COURSE

Please bring sufficient calico for a pair of knee length trousers to use for a mock up (or an old sheet) to the first class as well as your chosen pattern in the correct size or even 2 sizes larger than usual.

PROPOSED DATES	LEARNING OBJECTIVES	AREAS COVERED
Session 1	<p>Understanding the structure and basic requirements for the course.</p> <p>Introduction to style selection & estimating</p> <p>Likely outcomes at the end of the course.</p> <p>Cutting out and constructing the toile for first fitting.</p>	<p>*Taking body measurements for trousers, selecting suitable fabric for tailored styles and estimating.</p> <p>*Pattern selection and making pattern adjustments for trousers.</p> <p>*Recap on understanding pattern envelope terms and common symbols used on patterns, grain line measuring, and measuring pattern pieces accurately.</p> <p>Preparing a toile for trousers from calico.</p> <p><i>Home work:- if pattern adjustments have been made tack together your toile.</i></p>
Session 2	<p>Pattern lay-up and cutting out trousers following pattern amendments.</p> <p>Guidance on best seams for the fabric and style</p> <p>Trouser pocket styles</p>	<p>Completion of toiles and first fitting of trousers.</p> <p>Making final pattern adjustments and transferring these to the final pattern pieces.</p> <p>*Preparation of fabric, laying up and cutting out accurately, a recap.</p> <p>Preparing the garment for first fitting by tacking the trousers together to be completed at home for next session.</p> <p>*Side pockets in trousers-samples shown</p> <p><i>Home work:-Practice sewing different seam types and finishes described in Session 2 on your own sewing machine. Make a sample of side pocket even if not a feature on your garment</i></p>

<p>Session 3</p>	<p>Understanding suppression methods used in garment making.</p> <p>Zip insertion for trousers- fly fastening method</p> <p>Pressing methods used in tailoring</p>	<p>Complete cutting out if necessary and over-lock main seams as applicable.</p> <p>*Construction of darts, pleats and gathers as applicable.</p> <p>*Fly zip insertion method for trousers.</p> <p>Bring an old zip (and a zipper foot if you are using your own machine) to make a sample in class in spare fabric.</p> <p>Tutor to check fitting and garment balance on each student and alter</p> <p><i>Home work:-Mark fitting alterations using tailor's chalk or removable water based felt tips. Transfer these to your pattern for future reference. Finish your worked sample of a fly fastening zip on spare fabric.</i></p>
<p>Session 4</p>	<p>Introduction to other methods of fastening.</p> <p>Construction of main seams Making trouser linings</p> <p>Waist line finishes including waistband construction</p> <p>Use of waistband interfacings for edges</p> <p>Pressing as you go recap</p>	<p>Machine the other main seams using corrected fitting markings.</p> <p>Press seams as you go.</p> <p>When lining the trousers make alterations to your pattern from the fitting changes made, lay-up and cut the lining out.</p> <p>*Make up the lining and insert it following worksheets and pattern instructions.</p> <p>*Construction of waist finishes on trousers, make worked samples to gain confidence.</p> <p>*Fasteners on waistbands</p> <p><i>Home work:- complete the main seams and if not over-locked already neaten the raw edges at home. Once you have inserted the zip insert lining hand sew the lining to zip tape. Lightly press as described in class. Attach the waistband trim and enclose all layers.</i></p>

<p>Session 5</p>	<p>Understanding how to finish edges of garments.</p> <p>Hemming methods-recap plus use of tape for additional strength</p> <p>Completion of the garment to include final fitting.</p> <p>Evaluation of the course and feedback to tutor</p>	<p>*Types of hem finishes for trousers-samples shown</p> <p>Hand hemming stitches</p> <p>Use of tape to reinforce trouser hems</p> <p>Final Fitting stage - levelling the hem</p> <p>Final pressing</p>
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The aim of this course is to introduce soft tailoring methods including inserting lining into the trousers, making a fly opening, making side pockets and attaching a fitted waistband.