

## PROPOSED COURSE STRUCTURE FOR SHIRT MAKING- 5 SESSION COURSE

This shirt-making course is aimed at those who are confident using their sewing machine for dressmaking and who have worked from a commercial pattern successfully. Those who have already completed a Beginner's Dressmaking course should also be able to complete a classic shirt during the course, though some methods covered are fairly advanced. Men's shirts can also be made and we welcome men who want to make their own shirts too.

\*Asterisk below indicates worksheets and or samples will be available in class

SESSION NUMBER	LEARNING OBJECTIVES	AREAS COVERED
1	<p>Understanding the structure and basic requirements for the course.</p> <p>Choice of style based on a classic shirt men's or ladies</p> <p>Fabric choices and estimating</p>	<p>Taking accurate body measurements*, selecting suitable fabric for shirts, and fabric estimating*.</p> <p>Re-cap on understanding pattern envelope terms and common symbols used on patterns*, grain line measuring, and measuring pattern pieces accurately.</p> <p>Making pattern adjustments for length. Recommended order of work for laying up and cutting out accurately*.</p> <p><i>Home work:- prepare pattern, wash to shrink fabric, buy notions e.g. thread to match and sewing items for next week Select relevant layout and be ready to cut out in class.</i></p>

<p>2</p>	<p>Understanding patterns and how to lay-up and cut out a Classic shirt.</p> <p>First fitting of shirts if possible. Guidance on preparing double stitched seams* often used in classic shirt styles- use it on yoke</p> <p>Making front placket fastenings*</p>	<p>Complete laying up and cutting out accurately* recap on lay-outs.</p> <p>Prepare the garment for first fitting by tacking* the main body shell together e.g. back pleat, tack yoke to main shirt parts, tack main seams, but <b>not sleeves/collars</b></p> <p>Pressing methods If tacking is complete we will check the fit in Week 2</p> <p><i>Home work:-Refer to order of work, stay stitch curves and complete the construction of the front opening then join yoke to front and back of shirt DO NOT machine side seams.</i></p>
<p>3</p>	<p>Main construction of shirt two piece collars</p> <p>Inserting pockets</p>	<p>When tacking is complete we will check the fit in Week 3 and alter if required.</p> <p>Interface collar parts* and cuffs*</p> <p>If including pockets* prepare these according to pattern instructions. At all times be pressing as you go, do not over-press.</p> <p><i>Home work:- Complete collar and apply it to the neckline, and complete insertion of any pockets Transfer any alterations from the fitting stage to your pattern pieces.</i></p>

<p>4</p>	<p>Technique for simple cuff opening.</p> <p>Technique for attaching cuffs</p> <p>Inserting the shirt sleeve using flat insertion method.</p> <p>Pressing as you go</p>	<p>Mark buttonhole positions on front opening *</p> <p>Make sleeve/cuff openings and attach cuffs*</p> <p>Insert the sleeves using flat insertion method*</p> <p>Complete the main seams, in class if possible using open seam method and neaten with a suitable method if not over-locked at the start.</p> <p>At all times be pressing as you go, do not over-press.</p> <p><i>Homework:- Complete the main seams, press as you go.</i></p>
<p>5</p>	<p>Finishing the shirt hem</p> <p>Making machine buttonholes, sewing on buttons</p> <p>Final Pressing</p> <p>Course evaluation and student feedback.</p>	<p>Make the buttonholes following guide.*</p> <p>Add the buttons as demonstrated in class*</p> <p>If not already neaten finish raw edge of hem and then machine hem according to pattern guidelines*.</p> <p>Press the whole shirt as it should now be complete!</p>